### Practice-Based Coaching (PBC)

in EHS home based & combination settings

Head Start National Center on Quality Teaching and Learning







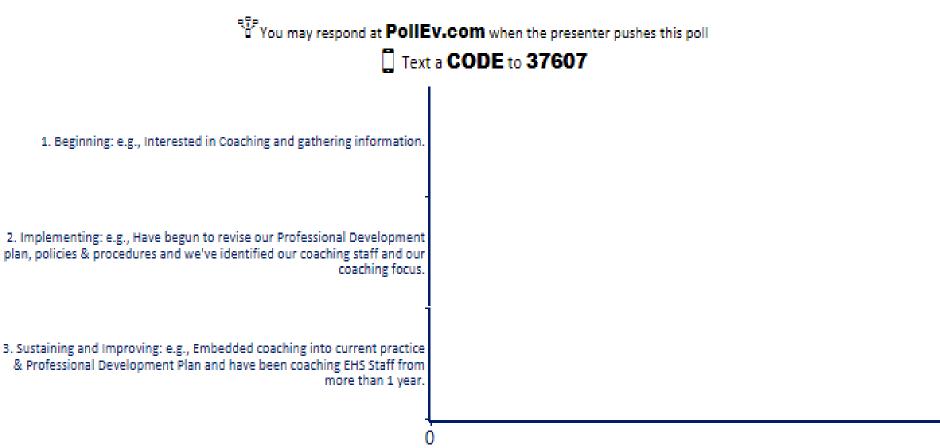
Melissa Bandy Katy Keehn

Corina McEntire Brittany Marlow

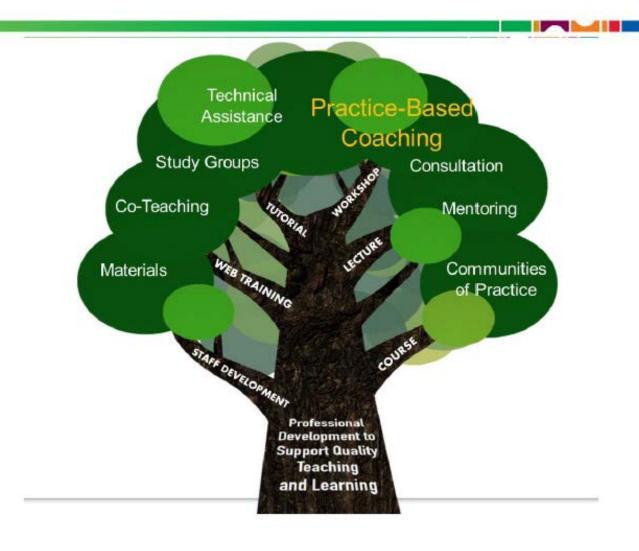
### Vote With Your Feet



#### On a scale of 1-3 what level is your program when it comes to using Coaching in EHS?



#### PROFESSIONAL DEVELOPMENT



# In what formats can Practice-Based Coaching be provided?

		PARTNER					
		Expert	Peer	Self			
FORMAT	On-Site	<ul> <li>Expert comes to the home visit to watch an activity</li> <li>Expert and Home Visitor arrange a time for a face-to-face meeting</li> </ul>	<ul> <li>Peer comes to the home visit to watch an activity</li> <li>Peer and Home Visitor arrange a time for a faceto-face meeting</li> </ul>	<ul> <li>Home Visitor uses self-guided materials to structure an observation of her practices</li> <li>Home Visitor uses a checklist to examine own video-taped practices</li> </ul>			
	Distance	<ul> <li>Expert watches video of home visit activity (online or mailed)</li> <li>Expert shares feedback via website, email, or conference call to provided specific prompts for reflection</li> </ul>	<ul> <li>Peer reviews a video of home visit activity the Home Visitor has posted to a discussion board</li> <li>Peer and Home Visitor arrange a time to discuss observation via Skype</li> </ul>	<ul> <li>Home Visitor uses online tutorial to plan an activity to videotape</li> <li>Home Visitor journals about experiences using a structured online self-coaching tool.</li> </ul>			

## What is Practice-Based Coaching for Home Visitation?

Practice-based coaching is a cyclical process for supporting Home Visitors' use of effective **home visiting practices** that lead to positive outcomes for children.

The cyclical nature of Practice-based coaching emphasizes that expectations, understandings, and desired outcomes of coaching are regularly reviewed and updated.



## SHARED GOALS AND ACTION PLANNING



- Assess needs
- Set goals for coaching
- Create an action plan to guide coaching
- Review and update goals and action plan throughout the coaching partnership

#### FOCUSED OBSERVATION

- Gather information through observation
- Record information about the observation
- Use support strategies for improving or refining practices (i.e., models, prompts)



#### REFLECTION AND FEEDBACK



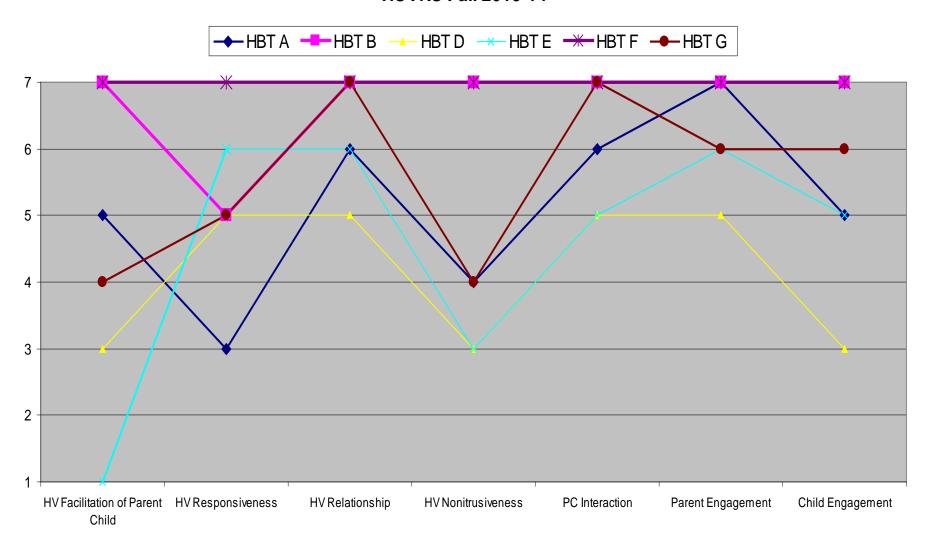
- Discuss and reflect on observation and progress
- Share and consider feedback
- Use support strategies for improving or refining practices (i.e., problemsolving conversations, creating materials

#### Benton Franklin Early Head Start

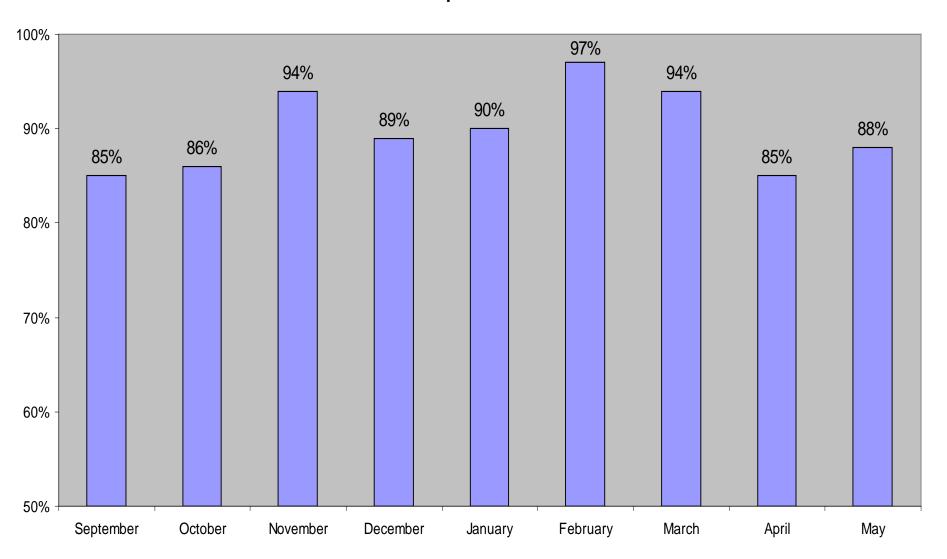
Richland, Washington

**Brittany Marlow** 

#### Benton Franklin EHS HOVRS Fall 2013-14

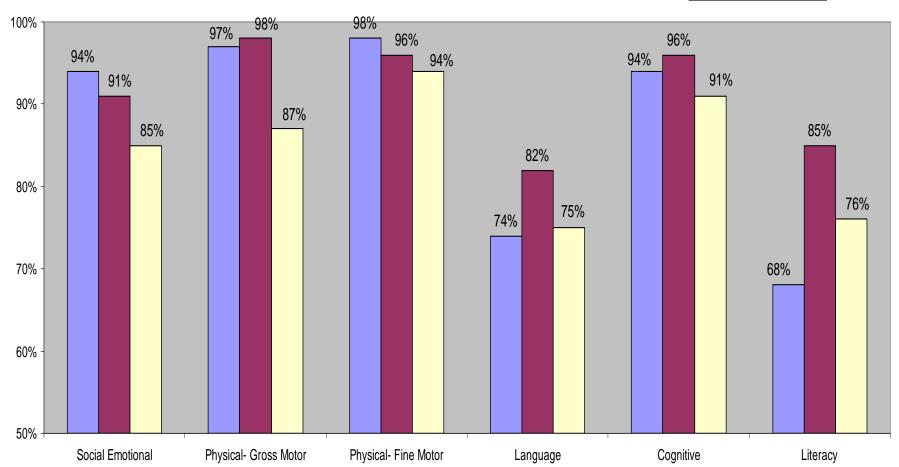


Benton Franklin EHS
Home Visit Completion Rates 2013-14



Benton Franklin EHS
All Children Meeting/Exceeding Widely Held Expectations 2013-14





## Benton Franklin's Next Steps

#### ESD 112 Early Head Start

Vancouver, Washington

Corina McEntire

#### Family Support Services - Individual Reflection Log

Famil	y Support Specialis	t Kim				
Date_	2/13/13	_Trending Topics_	noninh	vsiveness	· ·	ChildPlus/
Date_	4/10/13	_Trending Topics_	PBC Vin;	Support	thry how inge thipib	GhiidPlus_
Date_	5/22	_Trending Topics_	transit	nun Wold	Inewjams	ChildPlus_
Date_	6/26/13	_Trending Topics_	MIS	itruts u/	goal plannir	EhildPlus_
Date_	7/31/13	_Trending Topics_	Family	dynami	CS	ChildPlus
Date_	9/25/13	_Trending Topics_		CX		ChildPlus
lDate_	11/27/13	_Trending Topics_	HOVRS	review	)	ChildPlus_
Date_	11/22/13	_Trending Topics_	HV 0	bservat	707	ChildPlus V
Date_	12/11/13	_Trending Topics_ _Trending Topics_	Family o	lynamic	"yean-bu momemide	wchildPlus_
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Date_		_Trending Topics_				ChildPlus

#### 1. HOME VISITOR RESPONSIVENESS TO FAMILY

	Inadequate A		Adequate 3	- 1.1 - 1		6	Excellent 7
Home visitor:			Home visitor:		Home visitor:		Home visitor:
☐ 1.1 ☐ 2.1	does not plan well for the visit.  does not have necessary materials for the visit.		☐ 1.3 has a plan for the visit but does not ask for parent input for next visit.  ☐ 2.3 is prepared for activities of the home visit (e.g., has necessary materials).		x1.5 asks parents about activities to bring to future home visit(s).  x2.5 brings or does activities selected by parents.		☐ 1.7 plans next visit with parent, and helps parent decide on activities, materials, & who will provide them. ☐ 2.7 emphasizes parent-selected activities and organizes home visit around them.
□ 3.1	rarely asks questions to get more information.		occasionally gets more information by asking openended or follow-up questions.		3.5 frequently gets more information by asking openended or follow-up questions.		3.7 gets information from open- ended or follow-up questions and uses the information to increase effectiveness of home visit.
□ 4.1 □ 5.1	is not attentive to what parent and child are doing. persists with activity that does not meet parent or child's interests or needs.		<ul> <li>□ 4.3 observes parent and child but does not always respond or react to what parent and child are doing when necessary.</li> <li>□ 5.3 occasionally follows parent and child lead in activities.</li> </ul>		□ 4.5 observes and reacts to parent and child by making comments, providing information, or suggesting activities.      □ 5.5 frequently follows parent and child lead in activities, changing pace or activities to meet family interests or needs.	X	□ 4.7 observes, reacts, and provides reflective feedback, ideas, and developmental information about parent-child interactions and child's development.      □ 5.7 follows parent and child lead in activities, and acknowledges parent or child interests or needs.
□ 6.1	directs agenda and activities of home visit or does not set or follow an agenda.		☐ 6.3 allows some input from parent on agenda and activities of home visit.		5 6.5 sets agenda and activities for home visit after getting input from family.		☐ 6.7 follows parent-suggested agenda and activities and provides additional related information to supplement activities.

<sup>\*</sup>Roggman, L. A., Cook, G. A., Innocenti, M. S., Jump Norman, V. K., Christiansen, K., Boyce, L. K., Aikens, N., Boller, K., Paulsell, D., & Hallgren, K. (2010). Home Visit Rating Scales—Adapted and Extended (HOVRS-A+). Unpublished Measure.

#### **Child Care Family Services Professional Development Plan**

Educational Service District 112 equalizes educational opportunities in learning communities through innovative partnerships, responsive leadership, and exceptional programs.

Child Care & Family Services is a program of ESD 112

We promote School readiness efforts through individualized services that benefit children.

Employee: Kim		Title: Family Support Specialist Program: EHS	
Date:	3/5/2014	Proposed Check-in Dates: Monthly	

Competency, Standard, or Program Goal	PD Activity (education; training; peer ceaching; reading; research; other)	Start	Review	Done
1304.21 Education and early childhood development	Facilitate family-driven child goals: PBC	Mar-14		
1304.40 Family Partnerships	Facilitate "bagless" home visit activities	Sep-14		

Child Care Family Services Professional Development Plan

Practice Based Coaching - Focused Action

The salid part of th

Ogething more comfortable wint new Weekly Home Learning flow more effectively.

There is a standard parent ideas

A planning home wat around parent ideas

A wang materials from home 5 being more aware of inconponating literacy activities

## Practice-Based Coaching (PBC)

Head Start National Center on Quality Teaching and Learning

Questions...

Comments...

Next Steps...



Melissa.bandy@icfi.com

Katy.Keehn@icfi.com

Corina.mcentire@esd112.org

Brittanym@bfhs.net