

South Bronx Early Head Start:  
Implementing Early Head Start  
among High-Risk Families in the  
Neonatal Intensive Care Unit

Lisa White, LCSW  
Michelly Garcia, MSW



Meeting the needs of an especially vulnerable population: NICU infants and their families



SBEHS targets premature, low birth weight babies admitted to the NICU at Bronx-Lebanon Hospital



Program staff provide support and psycho-educational services to families with children at great risk for developmental difficulties



The challenges faced by our infants and parents are exacerbated by their exposure to chronic social stressors linked to poverty



Promoting maternal sensitivity and infant  
responsiveness



Minimizing parents' stress and anxiety and building confidence in their abilities as caregivers



Supporting attachment and bonding

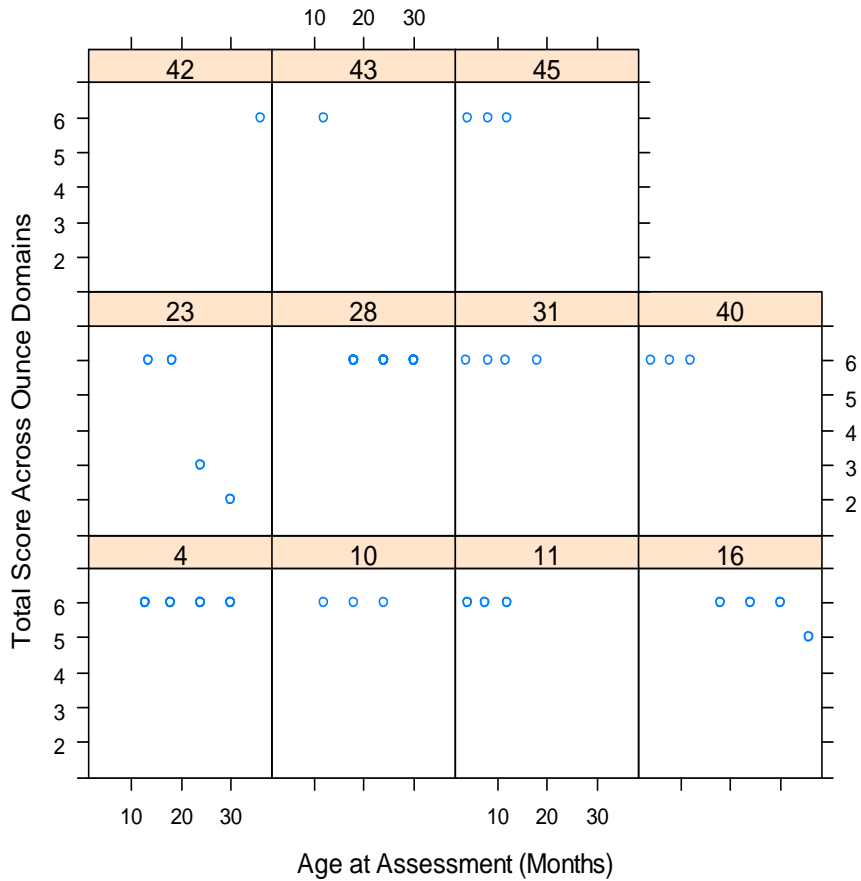




We strive to enhance parent-child interaction both in the NICU and after discharge in order to prevent disruptions to the attachment process which threaten the social-emotional development of our infants

# Tracking developmental outcomes:

## Non-NICU Children



## NICU Children

