# Assessing Your Program's Early Childhood Mental Health Consultation: How do you know if your mental health services are effective?

1.) Does your program currently have a licensed or certified mental health professional providing consultation to your program?

Yes	No
0	0

2.) Does your mental health consultant have a positive relationship with families?

Very positive	Positive	Unsure	Not Positive	Very Negative
0	0	0	0	0

3.) Does your mental health consultant have a positive relationship with staff?

Very positive	Positive	Not Positive	Very Negative	Unsure
0	0	0	0	0

4.) Do you believe your mental health consultant understands the unique needs of the children and families in your program?

Very well	Well	Somewhat	Not at all	Unsure
0	0	0	0	0



5.)	Do you have a scope of work, job description, contract, or
	interagency agreement to outline the work of the mh consultant?

Yes	No
0	0

6.) Have you surveyed your families to determine if the families are familiar with the availability of services from your mental health consultant?

Yes	No
0	0

7.) Are mental health services available in the community if and/or when children or families need more mental health support?

Very available	Available	Somewhat Available	Not at all Available	Not Sure
0	0	0	0	0

8.) Do you regularly provide feedback to the mental health consultant on the effectiveness and quality of their work?

Frequently and regularly	Regularly but not Often	Sometimes	Very infrequently/never	Not Sure
0	0	0	0	0

9.) Does your program have an interagency agreement to facilitate referrals to community mental health providers?

Yes	No
0	0



The following questions ask you opinion about the beliefs of staff and families. What are sources of evidence for the answers to these questions? In other words, how do you know the answers to these questions (see sample surveys that may be disturbed to staff and families)?

10.) Do families feel the services of the mental health consultant are helpful? How do you know?

Very helpful	Helpful	Somewhat helpful	Not helpful	Unsure
0	0	Ö	0	0

11.) Do families feel the services of the mental health consultant are accessible?

Very accessible	Accessible	Somewhat	Not at all	Not sure
		accessible	accessible	
0	0	0	0	0

12.) Do families believe the mental health consultant services can be accessed in a timely way?

Very timely	Timely	Somewhat	Not timely	Unsure
		timely		
0	0	0	0	0



#### 13.) Are staff familiar with the services of the mental health consultant?

Very familiar	Familiar	Somewhat familiar	Not familiar	Unsure
0	0	0	0	0

### 14.) Are staff familiar with the process to access the services of the mental health consultant?

Very familiar	Familiar	Somewhat familiar	Not familiar	Unsure
0	0	0	0	0

#### 15.) Do staff feel the mental health consultant's services are helpful?

Very helpful	Helpful	Somewhat	Not helpful	Unsure
		helpful		
0	0	0	0	0

#### 16.) Do staff feel the mental health consultant's services are accessible?

Very accessible	Accessible	Somewhat	Not at all	Not sure
		accessible	accessible	
0	0	0	0	0

## 17.) Do staff feel the mental health consultant services are frequent enough?

Very frequent	Frequent	Somewhat	Not at all	Unsure
		frequent	frequent	
0	0	0	0	0

