

## Case Scenarios

1. 19-year-old, El Salvador, bilingual, grew up here, studying for the GED exam, single

Sonia is a 19-year-old mother. She was born in El Salvador, but came to the United States when she was 5. Sonia has an 18-month-old son, Carlos. Sonia was in high school when she got pregnant and dropped out of school during her senior year, because she had to work to support her son. Sonia met Carlos's father in school, but when he found out that Sonia was pregnant, he left. Soon after, he was detained and deported back to El Salvador. Sonia rents a room in her parents' house and lives there with her son. Sonia is currently working a part-time job at a restaurant and she is also studying for the GED exam. She struggles sometimes to get everything she needs for her child, like pampers, milk, and babysitting, while she works. Her parents help her when they can, but Sonia's mother is very ill and her father is the only one working to pay the mortgage and support his wife and Sonia's two younger siblings. She has been enrolled in a local home-based EHS program for about 4 months. Lately, Sonia has been canceling visits, because she is busy trying to work and study, and sometimes she just feels too overwhelmed.

2. 40-year-old, Honduras, children in home country and here, married and living together

Maria is a 40-year-old Honduran mother who came to the United States 8 years ago. Maria lives with her husband and her 7 and 1-year-old daughters. Maria met her husband in Honduras and has been married for 17 years. Her husband came to the United States and Maria followed him in search for a better future for their 3 older children (ages 16, 14, and 11). Maria's older children are still in Honduras and live with her mother. Maria and her husband send money every month to Honduras to pay for school, food, and other necessities. Maria is worried, because her husband has been out of work for a month. She does not know if they will be able to pay for rent and send money to her children in Honduras. Also, Maria is not doing well emotionally. After the birth of her 1-year-old daughter, Maria suffered from post-partum depression and has been dealing with depression ever since. There are days when all Maria wants to do is stay in her studio apartment, and she has trouble getting up to take her 7-year-old to school and taking care of her baby. Maria has been receiving home visits from a local EHS program since she was 5 months pregnant with her younger daughter. Her home visitor has not seen Maria in two weeks, because Maria has been canceling visits due to her depression and not wanting to interact with anybody.

3. 25-year-old, Guatemala, domestic violence, still living with partner (US citizen) withholding her papers

Silvia is a 25-year-old mother from Guatemala. She has a 1-year-old son and a two-week-old daughter. Silvia came to the United States at age 17 and started working at a restaurant in downtown DC where she met Franklin 2 years ago. Franklin’s parents are from Guatemala, but he was born and raised in the US. 6 months after they met, Silvia and Franklin decided to rent a room and move in together. Silvia recalls that their first year together was perfect, but after that year Franklin started drinking a lot and there are days when he does not come home. After the birth of their first child, Esteban, Silvia noticed that Franklin became absent and often had anger outbursts towards her. One day, he threatened her with a knife. Silvia is not working right now, and Franklin has told her that he wants her to stay home and take care of the children and not work anymore. Silvia talks to her brother and sister in California, but she does not tell them about her current situation with Franklin. Silvia has thought about leaving Franklin, but he has threatened to contact immigration so she can get deported because of her legal status. Silvia is afraid, because when Franklin drinks, he gets more abusive and hits her sometimes. She is also worried because he is spending most of the money on alcohol and they are barely making ends meet. Silvia is enrolled in an EHS home visiting program. Her home visitor comes every week, but has no set day or time because Silvia tries to see her when Franklin is not around.

4. 28-year-old, Mexico, just moved, new to MD

Juana is a 28-year-old Mexican mother. She came to the United States at age 20. Juana lived in Texas with her 3 siblings. She was working as a nanny for a family when she met Jose, a landscaper. Juana and Jose have been together for 4 years and have 2 children together, a 3-year-old and a 9-month-old. About 3 months ago, Juana and Jose moved to Maryland for Jose's job opportunity. Juana feels lonely, because she left her siblings, nieces, and nephews back in Texas. She is having a hard time adjusting to her neighborhood and is looking for daycare for her children so she can work. She is also having some difficulties with her children’s insurance and WIC benefits. Currently, the couple is renting a studio apartment, but Juana has told Jose that she does not feel safe when she goes out with her children, especially in the evenings. Juana feels sad at times and wants to move back to Texas to be with her family.